

COVID-19 Volunteer Guidelines

The following guideline were established to allow ministry activities to continue with increased precautions to mitigate potential spread of the virus and keep volunteers and clients safe.

- Volunteers must sign up in advance and be approved by ministry leader in consultation with the appropriate committee of oversight and Pastor.
- Limited number of volunteers based on Covenant of Care Plan as determined by committee of oversight.
- Volunteers may be assigned to different teams (i.e. indoor/outdoor, scheduled volunteer times) to minimize cross-contact.
- Volunteers must maintain a minimum of 6 feet of distance from each other as much as possible, working in assigned areas and must remain in areas designated for ministry activities.
- Volunteers must wear face coverings (i.e. masks) that cover the mouth and nose at all times indoors and any time social distancing cannot be maintained outdoors. The only exception to this requirement is actively recording audio for worship purposes using additional distancing guidelines as established by the Worship Committee and church staff.
- Volunteer groups will disinfect work areas and restrooms before and after volunteering.
- Volunteers must meet the following requirements:
 - No known exposure to COVID-19 within the past 14 days, or completion of quarantine following current recommendation of CDC and DPH.
 - Be in good health with no symptoms of any illness, including fever
 - Not live with or serve as a caregiver to someone who is high risk.
 - Currently practicing low risk behavior on their own by limiting exposure to others, practicing social distancing, masking when distancing is not possible, and avoiding large group gatherings of 50 or more.
 - Adhere to CDC guidelines following any travel with attention to spread in areas visited, precautions taken, mode of transportation, and types of activities¹.
- Those who are at an increased risk for serious illness from COVID-19 as identified by the CDC² should discuss the appropriateness of their volunteer role with the ministry leader, elders, and/or pastor, and may not be permitted to volunteer in some areas. Examples include:
 - Older Adults (Age 65 and up)³
 - Certain underlying medical conditions that **are at an increased risk**⁴, including: cancer, chronic kidney disease, COPD, immunocompromised state, obesity, serious heart conditions such as heart failure, coronary artery disease, or cardiomyopathies, sickle cell disease, type 2 diabetes mellitus.
 - Certain underlying medical conditions that **might be at an increased risk**⁵, including: asthma, cerebrovascular disease, cystic fibrosis, hypertension or high blood pressure immunocompromised state, neurologic conditions such as dementia, liver disease, pregnancy, pulmonary fibrosis, smoking, thalassemia, type 1 diabetes.

¹ <https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>

² <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-increased-risk.html>

³ <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/older-adults.html>

⁴ <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html>

⁵ <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html>